



July 26, 2021

Dear Mariner Students and Families,

It is not too late to sign up! Please see the bulletin items below for sport specific and contact information on the upcoming Fall Sports Season. All interested students are encouraged to reach out to the head coach of their respective sport for more information.

*All students, new and returning, must complete the annual [Athletic Paperwork linked here](#) **AND** register at athleticclearance.com [Click here for instructions](#).

**All physicals on file from the Spring semester are still valid and are good for 12 months; returning students with valid physicals may bypass the upload portion at registration.

Fall Sports Information:

Boys/Girls Cross Country

- Head Coach Dan Gruber daniel_gruber@pvusd.net
- First Day of Practice **August 12th** 3:15 in Stadium Bleachers

Boys Water Polo

- Head Coach Cody Gilbert aptospolo@gmail.com
- **Monday 8/2** Double day 7- 8:30am Afternoon 3-4:30pm
- **Tuesday 8/3** 7-8:30am
- **Wednesday 8/4** Double day 7- 8:30am Afternoon 3-4:30pm
- **Thursday 8/5** 7-8:30am
- **Friday 8/6** Official start of Fall season 3-5pm

Girls Water Polo

- Head Coach Cory Murphy cmurphy5678@gmail.com
- **8/9 - 8/13**
- Monday and Wednesday @ 8 AM - 9 AM, 5 PM - 7 PM
- Tuesday, Thursday, Friday @ 5 PM - 7 PM
- **8/16 - Rest of Season:** Monday through Friday @ 5 PM - 7 PM

Girls Tennis

- Head Coach Linda Hitchcock lindi3@juno.com
- Varsity try-outs **August 16th-19th** 4-5:30pm
- JV will begin on **August 23rd** at 4pm (no-cuts will be made)



Girls Golf

- Head Matt Anderson matthew_anderson@pvusd.net
- Informational meeting will take place in the **2nd week of school (date TBD)**
- Contact Coach Anderson at email above for more information

Football

- Workouts begin the morning of August 4th; **Contact specific coach below for details**
- Varsity Head Coach Randy Blankenship aptosfootball@gmail.com
- JV Head Coach Zach Hewett zachary_hewett@pvusd.net
- Freshmen Head Coach Scott Russo russo_scott@att.net

Girls Volleyball

- Head Coach Hunter Zeng zeng.kaiao@gmail.com
- **Monday, 8/2:** 9a-10:30a Conditioning
- **Wednesday, 8/4:** 9a-10:30a Conditioning
- **Friday, 8/6:** 10a-12p First open gym
- **Saturday, 8/7:** 9a-12p Skill sessions
 - 9a Passing and Setting
 - 10a Serve and Receive
 - 11a Hitting and Blocking
- **Monday, 8/9:**
 - 3p-5p Second open gym
 - 5p-5:30p Serve and Pass
- **Wednesday, 8/11:** 3:30p-5p First Tryout Session
- **Thursday, 8/12:** First day of School- NO PRACTICE
- **Friday, 8/13:** 3:30p-5p Second Tryout Session
- **Saturday, 8/14:** 12p Rosters announced

Sports Medicine

- Director of Sports Medicine Hilary Beymer hilary_beymer@pvusd.net
- Will start after first week of school
- All interested students should contact Hilary Beymer for more information and schedule

Go Mariners! Sails up!

Travis Fox

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